

Participant Name _____

Participant RIN# _____

Alcohol Use Disorders Identification Test (AUDIT)

Please circle the answer that is correct for you.

1. How often do you have a drink containing alcohol?
Never Monthly or Less Two to four
times a month Two to three
times per week Four or more
times a week

2. How many drinks containing alcohol do you have on a typical day when you are drinking?
1 or 2 3 or 4 5 or 6 7 to 9 10 or more

3. How often do you have six or more drinks on one occasion?
Never Less than
monthly Monthly Two to three
times per week Four or more
times a week

4. How often during the last year have you found that you were not able to stop drinking once you had started?
Never Less than
monthly Monthly Two to three
times per week Four or more
times a week

5. How often during the last year have you failed to do what was normally expected from you because of drinking?
Never Less than
monthly Monthly Two to three
times per week Four or more
times a week

6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?
Never Less than
monthly Monthly Two to three
times per week Four or more
times a week

7. How often during the last year have you had a feeling of guilt or remorse after drinking?
Never Less than
monthly Monthly Two to three
times per week Four or more
times a week

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?
Never Less than
monthly Monthly Two to three
times per week Four or more
times a week

9. Have you or someone else been injured as a result of your drinking?
No Yes, but not in
the last year Yes, during
the last year

10. Has a relative or friend, or a doctor or other health worker, been concerned about your drinking or suggested you cut down?
No Yes, but not in
the last year Yes, during
the last year

The Alcohol Use Disorders Identification Test (AUDIT) can detect alcohol problems experienced in the last year. A score of 8+ on the AUDIT generally indicates harmful or hazardous drinking. Questions 1–8 = 0, 1, 2, 3, or 4 points. Questions 9 and 10 are scored 0, 2, or 4 only.