

# Blood Pressure Monitoring

<b>Day</b>	<b>Date</b>	<b>B/P</b>	<b>Weight</b>	<b>Notes</b>
<b>Sunday</b>				
<b>Monday</b>				
<b>Tuesday</b>				
<b>Wednesday</b>				
<b>Thursday</b>				
<b>Friday</b>				
<b>Saturday</b>				